

What does self-direction look like?

Self-direction means that you have the freedom and responsibility to decide and direct

- what your support arrangements will look like
- which services you will purchase
- who you will employ or contract to provide your support

This video outlines some of the ways people can use self-direction to organise the individual support they need in their life.

Video Available Online only

Self-direction also means accepting the financial, industrial and legal responsibilities that come with employing people and receiving government funding. Narissa Wilson describes this as being like "the CEO of my life" in her story, [Leading my life though my vision](#).

You can read more about the responsibilities of self-direction in the section [Engaging your Own Staff](#) on this website.

Support to self-direct

Self-direction does not mean that you have to do everything on your own. Self-direction is about having choice and control over the things that matter most to you. Some people will be more concerned with having choice and control over the supports they receive and the people they employ and not so concerned with the management of funding. Others may believe that taking responsibility for the funding is integral to self-direction.

Some people will require more assistance to design their support service to meet their needs and others may require more assistance with financial management and the legalities of being an employer. It's about finding the right fit for you.

Host Provider or Direct Payments

Under Your Life Your Choice in Queensland you have the choice to receive funding via a Host Provider or via Direct Payments. The clearer you are about the level of control and responsibility that you want to have, the easier it will be to determine the best option for you.



- **[Working with a Host Provider](#)**

A Host Provider is the provider who will receive your individualised funding from the Department and assist you to plan, choose your disability supports and manage the funding.

- **[Using the Direct Payment method](#)**

An alternative option is to choose to take on the responsibility of receiving funds directly, purchasing your own supports and possibly engaging your own staff.

The [Your Life Your Choice Handbook](#) provides an overview of Your Life Your Choice and self-direction as it currently operates in Queensland.