

Your Life Your Choice

Self-Directed Support initiative

What is Self-Directed Support?

Self-Direction:

- Is an approach which enables people with a disability and/or their family to have a level of choice and control over their disability supports and services. A person with a disability can choose between services that are managed and delivered by funded non-government providers, or self direct their supports so they are specifically tailored to an individual's needs.
- Is as little or as much as the individual or family want and are able to take on. Individuals may choose to make no change to their support arrangements. Others may elect to exercise greater choice and control through a broker or host provider facilitating access to supports; whilst others may elect to self manage their own disability support funding.

Self-Direction:

- Can start with a person taking some small level of responsibility for the planning, budgeting or the organisation of their supports, or to purchase additional assistance in any or all of these areas.
- Also mean that a person has a broker or Host Provider to hold their funding and undertake various activities for the person through a planning process.

Self-Direction:

- Can also be a person accepting full responsibility for the planning, budgeting and organisation of their support and, when legislative changes are made, receiving their funding directly.
- The range of services that a person with a disability can access will remain in line with the specialist disability system. This aligns with the recommendations of the Productivity Commission for the proposed National Disability Insurance Scheme.
- Items that a person would reasonably be expected to purchase with their own money are not included. This approach is consistent across several Australian jurisdictions.

A Framework for Self Directed Support:

- Has been developed with key stakeholders including a number of families, and individuals with a disability who currently self-direct their supports.
- And provides a base to enable people with a disability, their families and carers to design, develop and grow their own personalised model of self-directed support.